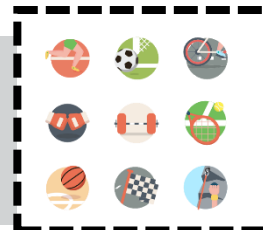


# An insight into PE within the Early Years at Glynwood



## How does PE link to the Early Years Foundation Stage Profile?

### **Physical Development – Gross Motor Skills**

#### **Early Learning Goal**

Children at the expected level of development will: -Negotiate space and obstacles safely, with consideration for themselves and others; -Demonstrate strength, balance and coordination when playing; - Move energetically, such as running, jumping, dancing, hopping, skipping and climbing

### **Physical Development – Fine Motor Skills**

#### **Early Learning Goal**

Children at the expected level of development will: -Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases; - Use a range of small tools, including scissors, paint brushes and cutlery; - Begin to show accuracy when drawing

### **Personal, Social and Emotional – Self Regulation**

#### **Early Learning Goal**

Children at the expected level of development will: -Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions

### **Personal, Social and Emotional – Managing Self**

#### **Early Learning Goal**

Children at the expected level of development will: - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet, and understanding the importance for healthy food options

## How does PE look within the Early Years classrooms? These are some of the things you might see which link to PE.

- ♥ Adult-led PE sessions in which children explore movement in a variety of ways such as hopping, skipping, jumping and climbing.
- ♥ These sessions also include the development of ball skills such as throwing and catching.
- ♥ Children will develop language which links to physical movement such as 'slowly', 'fast' and 'stop'.
- ♥ Children will also develop an understanding of positional language (behind, next to, on top of') and will play games which support this.
- ♥ Adult-led sessions may be based around a story or a particular piece of music which lend themselves to moving in different ways. For example, 'We're Going on a Bear Hunt' or 'Giraffes Can't Dance'.
- ♥ Children exploring large and small movements in the outdoor area. They might build their own obstacle course using crates, tyres and blocks.
- ♥ Children developing their fine motor skills through independently accessing resources such as jigsaws, threading activities or playdough.
- ♥ Children learning how to keep themselves healthy and safe through discussions with adults and other children. These discussions might be adult-led and planned or they might take place spontaneously within the children's self-initiated time (e.g. at the snack bar).

Please feel welcome to visit the Nursery and Reception classrooms to look at some of these things in action – we love to have visitors! If you would like to access the children's learning journey's to see evidence of your subject within the early years, please come and ask – we will be more than happy to show you.